

# CELEBRATE WOMEN 2024

**DREAM. DARE. DELIVER:** Expanding Our Mindset

OHIO | LANCASTER  
UNIVERSITY

**Friday, March 22, 2024**

## A Letter from the Co-Chairs:

### Welcome to the 18th Annual Celebrate Women conference!

We are delighted to have each of you join us for this inspiring event where we will explore the transformative power of mindset and its profound implications for women in both their personal and professional lives.

The theme of this year's conference, "**Dream, Dare, Deliver,**" encapsulates the journey towards empowerment and achievement. It reflects the essence of mindset—a set of attitudes and beliefs that shape how we perceive ourselves, our capabilities, and the world around us. At its core, mindset encompasses our willingness to dream big, our courage to take bold risks, and our commitment to turn our aspirations into tangible outcomes.

For women, cultivating a growth-oriented mindset is particularly crucial. In a world where gender stereotypes and systemic barriers persist, mindset serves as a catalyst for resilience, innovation, and success. By embracing a mindset of possibility and potential, women can challenge limiting beliefs, overcome adversity, and seize opportunities for personal and professional advancement.

There are countless examples of inspirational women who have demonstrated and exemplified the power of a positive mindset in overcoming challenges and achieving remarkable success. Icons such as Oprah Winfrey, whose journey from poverty and adversity to becoming a media mogul and philanthropist, underscores the transformative potential of resilience and determination. Malala Yousafzai, the youngest Nobel Prize laureate, bravely defied the Taliban's efforts to silence her advocacy for girls' education, showcasing the unwavering resolve that springs from a mindset

fueled by purpose and courage. Serena Williams, with her unparalleled dominance in tennis, embodies the strength and perseverance that arise from a mindset of unwavering self-belief and relentless pursuit of excellence. These women, among countless others, serve as beacons of inspiration, reminding us that with the right mindset, we can surmount any obstacle and make a lasting impact on the world.

Throughout this conference, we will delve into the concept of mindset from various perspectives, exploring strategies for expanding our mental horizons, overcoming self-doubt, and fostering a culture of inclusivity and empowerment. Our esteemed speakers, panelists, and facilitators bring a wealth of knowledge and expertise to the table, offering insights and practical tools to help you unlock your full potential.

We extend our heartfelt gratitude to our planning committee, sponsors, and partners for their unwavering support in making this event possible. Together, we are creating a platform for dialogue, learning, and growth—a space where women can dream boldly, dare fearlessly, and deliver impactfully.

Today's event is possible because of the support and dedication of many people. We extend our gratitude to our Celebrate Women planning committee of dedicated faculty, staff, and students who have spent countless hours over the past six months planning this event. Special acknowledgment is dedicated to our partnering organizations. Our sponsors support us in a number of ways but most importantly, they allow us to keep the conference fees affordable for participants. We have worked with the Ohio University Alumni Association in partnership for more than a decade

to deliver amazing speakers. This year, we are very appreciative of our newest sponsor support from Ascent, C&C Wellness, Inc., and the Ohio University Credit Union.

We are excited to continue working with long-time Ohio University supporters and Bobcat sponsors: Scripps School of Communication Studies, Voinovich School of Leadership and Public Service, the College of Business, Heritage College of Osteopathic Medicine, the Division of Diversity and Inclusion, the Division of Student Affairs, and the College of Health Sciences and Professions.

Community support for Celebrate Women has been unwavering, and we appreciate our generous community supporters and sponsors: The Fairfield County Foundation, Krile Communications, Park National Bank, Fairfield Homes, Fairfield Federal Savings and Loan Association, Stebelton Snider Law Office, Fairfield Medical Center, Friends of the Library, and Dr. Carri Brown, Fairfield County Auditor.

Be sure to review your program for the complete schedule of engaging panels. Visit the Wilkes Art Gallery to enjoy refreshments throughout the day courtesy of sponsors. Join us at 11:15a.m. in the Gymnasium as we honor our Celebrate Women 2024 award recipients. Don't miss NASA Flight Chief Allison Bolinger who will present her keynote address, "Tough and Confident: Lessons From a Mission Control Mindset," immediately following our luncheon at 12:55p.m. in the Wagner Theatre. Be sure to join us in the Wilkes Art Gallery at 3:20p.m. as we enjoy Ohio Poet Laureate, Kari Gunter Seymour, as she shares insights into the women of Appalachia. Our day will conclude at 4:00p.m. in the Wilkes Art Gallery for networking and door prizes.

As you engage in the sessions, discussions, and networking opportunities offered throughout the conference, we encourage you to reflect on your own mindset journey and envision the possibilities that lie ahead. May this experience inspire you to embrace a mindset of empowerment, resilience, and limitless potential.

On behalf of the Celebrate Women steering committee, thank you for being part of this transformative journey. We're glad you're here and hope you enjoy the day as much as we've enjoyed planning it. Together, let us dream, dare, and deliver greatness.

### Celebrate Women 2024 Co-Chairs



**Pamela Kaylor,**  
**PhD '02,** *Professor of  
Instruction, Communication  
Studies*



**Candice Thomas-Maddox,**  
**Ed.D.,** *Professor, Communication Studies*

# Schedule

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## 7:30 a.m. Registration / Vendor Booths

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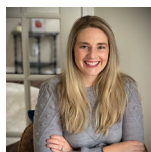
## 8:10 a.m. – 8:50 a.m. (A) Opening Speaker

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### (A) How to Engage the Next Generation | The Future of STEM

*Wagner Theater*

**Presenter/Welcome:** **Scott Miller**, *Associate Dean for Industry Partnerships and Outreach, Russ College of Engineering and Technology*



**Elizabeth Paige Love, BSISE '16, V.P.**  
*Software Engineer, JPMorgan Chase & Co.*

Sponsored by:



Join us for an inspiring session focused on promoting diversity in STEM fields and professions. In this presentation, we'll delve into the innovative Break Through Program, designed to inspire and empower young minds to pursue careers in science, technology, engineering, and mathematics. Discover how the Break Through Program is reshaping the landscape of STEM education by providing hands-on learning experiences, mentorship opportunities, and exposure to diverse STEM professionals. Whether you're an educator, parent, or STEM enthusiast, this presentation offers valuable insights and inspiration for engaging the next generation. Join us as we explore the transformative impact of the Break Through Program and learn how you can inspire the future leaders of tomorrow.

## 9:00 a.m. – 10:00 a.m. (B) Concurrent Sessions

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### (B1) Dare to be a Badass Leader

*Wagner Theater*

**Presenter:** **Sheila Daniels, BGS '90**, *Coordinator of School of Nursing, Ohio University Lancaster*

**Cheryl Burchard, BGS '91**, *Associate Director, Ohio Women's Coalition*

**Jennifer Seifert, BSC '11, Ph.D. '17**, *Executive Director, Survivor Advocacy Outreach Program & New Leaf Justice Enterprises*

**Jane Cavarozzi**, *Co-Founder, Dirty Girl Coffee LLC*

This panel presentation brings together accomplished women from government, business and nonprofit sectors to discuss strategies for overcoming challenges and embracing leadership roles. In this dynamic session, our panelists will share their diverse experiences and perspectives on navigating obstacles, developing bold leadership skills, and making impactful contributions in their respective fields. Discover firsthand insights into the unique challenges and barriers that women face in leadership positions and learn practical strategies for overcoming them. Explore the importance of resilience, determination,

and mentorship in achieving success, and gain valuable tips for navigating the complexities of leadership in today's fast-paced world. The session will culminate with an interactive segment, guiding attendees to create personalized action plans to apply the discussed principles and strategies in their lives effectively. Whether you're a seasoned leader or just beginning your leadership journey, this panel presentation promises to empower and motivate you to reach new heights of success in your career and beyond.

## **(B2) Having a Growth Mindset**

*BR 402*

**Presenter: Carissa Anderson, Ph.D. '18**, *Associate Vice Provost of Higher Education and Partnerships*  
**Paige Janson, BBA '04**, *Chief Operating Officer, ENGIE Impact*

In this session, we'll explore the transformative power of adopting a growth mindset—a belief that abilities and intelligence can be developed through dedication and effort. Discover how embracing a growth mindset can unlock your full potential, enhance resilience, and fuel your journey toward success. Explore the ways in which a growth mindset can empower women to navigate career advancement and pursue ambitious goals. Whether you're striving to advance in your career, overcome obstacles, or simply grow as an individual, this presentation offers valuable insights and tools for harnessing the power of a growth mindset. Join us as we explore how adopting this mindset can empower women to achieve their dreams and create fulfilling, successful lives.

## **(B3) Bridging Schools, Communities, and Universities: How to Build**

### **Sustainable Partnerships**

*BR 212*

**Presenter: Rosanna Howard, BBA '02, MBA '06**, *Director of Operations and Budget for Regional Higher Education*  
**Jacqueline Yahn, Ed.D.**, *Assistant Professor, Teacher Education, Patton College of Education, Ohio University*

This workshop will explore the transformative potential of collaboration among key stakeholders in education. Discover the benefits of forging strong partnerships between schools, communities, and universities. Participants will explore the concept of community and career-connected learning, a framework aimed at utilizing community resources and establishing lasting partnerships. Learn practical strategies and best practices for establishing and sustaining successful partnerships. Explore how to identify shared goals and priorities, leverage existing resources and assets, and foster open communication and collaboration among all stakeholders. Gain insights from real-world examples of successful partnership initiatives, as well as actionable tips for overcoming common challenges and barriers. Don't miss this opportunity to explore the power of collaboration in transforming education and enriching lives.

## **(B4) Full STEAM Ahead: Strategies for Women to Get Promoted**

*BR 414*

**President: Angela Richcreek, MBA '21**, *Manager of Accounting and Human Resources, Lancaster, Eastern, Zanesville*

**Hope Yin, PCC**, *Award-winning Executive in Tech and Executive/Leadership Coach, Founder & Owner of Blueprint Coaching*

Throughout her career as a software engineer, Hope frequently found herself as the sole woman in the room. A single mother and immigrant, she faced the additional challenges of raising two young children alone while caring for a terminally ill parent. Despite these obstacles, Hope strategically navigated her career path and eventually rose to an executive position in the technology sector of one of the largest and most esteemed financial companies. In this session, Hope aims to share her insights from over 20 years of experience, offering strategies that you can utilize to advance to the next level in your career.

## **(B5) How to Dare, Dream, and Deliver: Mindfulness of Thoughts**

*Bistro*

**President: Jaime Cox, BSC '17, M.Ed.**,  
*Success Advisor, Ohio University Lancaster*

**Cenell Boch, Ph.D.**, *President & Founder,  
C&C Wellness, Inc., Owner Wellness with Cenell LLC*

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Get ready to Dream Big with this mindfulness session on understanding the nature of our thoughts. We will explore three powerful questions around the nature of our thoughts as we dare, dream, and deliver in our workplace and in our communities. In this session, we will discuss how much to trust our thoughts. And the session will encourage you to level up your abilities to be courageous, to imagine the possibilities that could exist, and how to make those ideas come to fruition.

## **(B6) Harnessing the Power of a Joyful Mindset**

*BR 211*

**President: Judy Carey Nevin, MLS**, *Manager of Library Sciences, Hannah V McCauley Library, Ohio University*

**Angela Krile, BSJ '97**, *President & CEO, Krile Communications*

Join us for an inspiring session on harnessing the power of joy. In this session, we'll explore how a joyful mindset can positively impact your overall well-being, relationships, and success. Discover practical strategies and techniques for cultivating joy in your daily life, even amidst challenges and adversity. Learn how to shift your perspective, cultivate gratitude, and find moments of joy in the everyday. Additionally, we'll discuss how to recognize and mitigate the "joy-zappers" that diminish joy. Gain insights into identifying these obstacles and practical approaches for overcoming them, allowing you to experience more joy and fulfillment in all aspects of your life. Don't miss this opportunity to unlock the transformative power of joy and create a life filled with happiness, purpose, and abundance.

## **(B7) Hot Topics in Diversity, Equity, and Inclusion – A Focus on Affirmative Action and How it is Affecting Corporations and the Public Sector**

*BR 409*

**President: Sarah Bogdewiecz, Ph.D.**, *Director of Student Services, Ohio University Lancaster*

**Amy E. Hull, BS '01, M.Ed.**, *Director, Head of Diversity Equity & Inclusion, Paycor Empowering Leaders*

Recently, the Supreme Court of the United States overturned a decision on Affirmative Action legislation, causing ripples throughout the working world. With this recent shift, understanding the nuances of Affirmative Action has never been more crucial. In this session, we'll explore how Affirmative Action policies are shaping hiring practices, workplace diversity, and equality initiatives in corporate environments, private businesses, and government agencies. Whether you're an HR professional, a corporate leader, or a concerned citizen, this presentation offers valuable perspectives on this important societal issue.

## **(B8) Embracing Creativity: Crafting with Susan Shea**

*BR 444 (Upper Library Level)*

**Susan Shea**, *Create-A-Craft*

Start the day with a creative project. Join Susan Shea for this stress-reducing crafting session to create and complete special OHIO University or OSU folded fan art for your office or home. All materials are covered in the \$10 on site fee.

## **10:15 a.m. – 11:15 a.m. (C) Concurrent Sessions**

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### **(C1) Delivery – The Hardest Part of Finishing the Process**

*BR 212*

**President: Angela Richcreek, MBA '21**, *Manager of Accounting and Human Resources, Lancaster, Eastern, Zanesville*

**Lynn Carden, BSHEC '74**, *Artist-Author*

Join us for a dynamic presentation focusing on the pivotal phase of project completion: delivery. In this session, we'll delve into the intricacies of bringing your vision to fruition and overcoming the unique challenges that arise during this final stage. From refining your product to effectively communicating its value, we'll explore strategies for ensuring a successful delivery that leaves a lasting impression. Whether you're a seasoned professional or just starting out, this session will equip you with the tools and insights needed to confidently navigate the delivery phase of any project.

*“The most important journey of our lives doesn’t necessarily involve climbing the highest peak or trekking around the world. The biggest adventure you can take is to live the life of your dreams.”*

**—Oprah Winfrey**

## **(C2) Initiating Impact: Your Guide to Community Involvement and Volunteerism**

*BR 409*

**President: Sarah Bogdewiecz, Ph.D.**, *Director of Student Services, Ohio University Lancaster*  
**Delaney McIlwain, BSC'16**, *Community Relations Coordinator, Park National Bank*

Discover the steps to kick-start your journey toward making a positive impact in your community, from identifying your passions to researching organizations and causes that resonate with you. Learn how to navigate potential obstacles and setbacks, turning them into opportunities for growth and learning. Explore strategies for finding volunteer opportunities that are the right fit for you, whether it's through local nonprofits, community organizations, or virtual platforms. Gain insights into building lasting relationships with fellow volunteers, community members, and organizational leaders. Don't miss this chance to learn how you can play an active role in creating positive change in your community and beyond.

## **(C3) How to Lead When You're Not in Charge**

*Bistro*

**President: Carissa Anderson, Ph.D. '18**, *Associate Vice Provost of Regional Higher Education and Partnerships*  
**Andora Marshall, M.A.**, *Business Analyst, American Electric Power*

Join us for an empowering workshop focused on leading effectively as an individual contributor, even when you're not officially in charge. This session will cover practical strategies applicable to various contexts, including organizations, community service, work groups, or projects you're involved in. Discover how to enhance your leadership abilities through personal accountability, influence, communication, and strategic vision planning principles. Whether you're aiming to amplify your impact at work or in your community, this workshop will equip you with the tools and techniques needed to lead with confidence and effectiveness from any role.

## **(C4) Overcoming Limiting Beliefs that Sabotage Success**

*BR 414*

**President: Jaime Cox, BSC '17, M.Ed.**, *Success Advisory, Ohio University Lancaster*  
**Lillian Zarzar, BSJ '70, MA, CSP**, *Interpersonal & Public Communications Specialist*

Sometimes you sabotage your success without realizing what blocks may paralyze your move forward. Usually blockage comes from emotional issues that affect your ability to make decisions, manifest what you would love to have in your life and obtain the results you want in your business. Typically, these barriers come from early emotional issues lodged at the cellular level. You assume you have worked through these issues, yet, at times find yourself noticing how they emerge in stressful moments. The content is based on Universal principles designed to guide you in identifying those limiting beliefs, isolating the charges related to your emotions, and obtaining the strategies to overcome your emotional barriers. The session is interactive, designed to discuss the factors that inhibit you from living to your full potential and to obtain the tools that can propel you forward. You develop a new mindset, reflect on ideas to apply in challenging situations and formulate a self-monitoring process.



## (C5) Stress, Pain & the Brain

BR 211

**Presenter: Cenell Boch, Ph.D.,** *President & Founder, C&C Wellness, Inc., Owner, Wellness with Cenell LLC*  
**Peter Zafirides, M.D.,** *President & Medical Director, Central Ohio Behavioral Medicine, Inc.*

Sponsored by:



In this session, we'll explore the science behind emotions and physical pain. Gain a deeper understanding of how stress and pain impact the brain's functioning and structure, influence how we perceive pain, and learn practical strategies for managing these challenges in your daily routines. From mindfulness techniques to cognitive-behavioral approaches, you'll discover methods for reducing stress, alleviating pain, and promoting overall well-being. Whether you're interested in enhancing your own mental health or supporting others in managing stress and pain, this presentation offers valuable insights and tools for navigating the complexities of the mind.

## (C6) Expanding Our Mindset & Minimizing Stress in the Workplace

BR 402

**Presenter: Cathleen Battiste Presutti, Ph.D.,** *Associate Professor of Instruction, Ohio University Lancaster*  
**Carri Brown, BBA '86, MBA '91, Ph.D., C.G.F.M.,** *County Auditor of Fairfield County*

Whether it is living through a pandemic, a war, political discontent, financial stress, or all of these things, it's no surprise that employees are feeling more stressed than ever. And it's clear that employee stress directly impacts employers. According to a 2021 American Psychological Association (APA) survey, 3 in 5 employees (59%) have experienced negative impacts of work-related stress. Further, the survey revealed a concerning trend: employees who frequently experience tension or stress during their workday are over three times more likely to consider seeking alternative employment within the next year compared to their less-stressed counterparts. This presentation will provide some ideas on how we can expand our mindset to minimize stress in the workplace, with the goal of increasing productivity and improving retention.

**Celebrate Women Coffee Café**  
Wilkes Art Gallery

## (C7) Issues Facing Women in the Workplace

BR 417

**President: Sheila Daniels, BSC '90**, *Coordinator of School of Nursing Operations, Ohio University Lancaster*  
**Amy E. Hull, BS '01, M.Ed.**, *Director/Head of Diversity Equity & Inclusion, Paycor, Inc.*

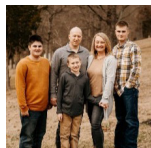
In the workplace, women often encounter distinct challenges, including barriers to leadership roles and positions traditionally dominated by men. This session will delve into the latest research on the pressing issues affecting women in professional settings. We'll explore strategies rooted in diversity, equity, and inclusion (DE&I) initiatives and workplace culture enhancements. These approaches aim to equip women with the tools and resilience needed to overcome obstacles unique to their identity in the workforce. Join us as we examine actionable solutions to empower women and foster inclusive workplaces where all individuals can thrive.

## 11:15 a.m. – 12:45 pm. Celebrate Women Luncheon and Awards Ceremony

*Ohio University Lancaster Gymnasium*

### “Feminine Genius”

**President: Candice Thomas-Maddox, Ed.D.**, *Professor, Communication Studies*



**Rachel McCoy, BS '01**, *Operations*  
*Coordinator, Bottoms Up Diaper Bank*

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UNIVERSITY Association

As the 2023 Jane Johnsen Vision for Women Award recipient, Rachel will discuss the natural gifts and strengths of women and how her mindset has evolved on this topic.

### LUNCHEON REMARKS



**Lewatis McNeal, Ph.D.**,  
*Vice Provost, Regional*  
*Higher Education*



**Lori Stewart Gonzalez, Ph.D.**,  
*President, Ohio University*

### AWARDS CEREMONY

The 2024 Jane Johnsen Vision for Women Award and Student Leadership Awards will be presented at the luncheon.

## 12:55 p.m. – 1:55 p.m. (D) Keynote Speaker

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Wagner Theater

### **Tough and Confident: Lessons from a Mission Control Mindset!**

**Presenter: Cynthia Calhoun, BSEE '88**, Deputy Director, Safety and Mission Assurance Directorate, NASA's Glenn Research Center; Trustee, Ohio University



**Allison Bolinger, BSAAE,**  
Flight Director, NASA

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Join us for an inspiring keynote presentation by Allison Bolinger, NASA Flight Director, as she shares her remarkable journey that began with her childhood dreams in Lancaster, OH, to leading human spaceflight missions at NASA's Mission Control in Johnson Space Center. In this captivating keynote presentation, Allison will share personal anecdotes, insights, and lessons learned from her journey. She'll offer valuable perspectives on the power of mindset in achieving one's dreams of leading teams in high-pressure situations. Don't miss this opportunity to gain inspiration and motivation from Allison's extraordinary story as she encourages us to reach for the stars.

## 2:10 p.m. – 3:10 p.m. (E) Concurrent Sessions

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### **(E1) Delivering on Dreams Gone Sideways**

BR 409

**Presenter: Angela Richcreek, MBA '21**, Manager of Accounting and Human Resources, Lancaster, Eastern, Zanesville

**Faith Knutsen, MA '92**, Director of Social Innovation & Entrepreneurship, Voinovich School of Leadership and Public Service

This interactive workshop will explore the concept of mindset through the lens of our professional and personal aspirations from youth. How can we proactively pursue the fulfillment of these dreams? What strategies can we employ to navigate redirection if our goals appear unattainable? Led by a seasoned speaker in her 60s who brings a wealth of experience from her unexpected career path, parenting journey, and ongoing pursuit of dreams, this session will feature guided small group discussions where participants can share stories and insights. Don't miss this opportunity to reflect on your own journey and gain valuable perspectives from others.

## **(E2) Breaking Barriers: Women Leading with Impact in the Present**

*BR 414*

**Presenter: Carissa Anderson, Ph.D. '18**, *Associate Vice Provost of Regional Higher Education and Partnerships*

**Madison Voinovich**, *Board President, Leaders of Today Central Ohio*

This workshop will address the significance of leadership for young women and offer strategies to overcome obstacles they may encounter. By emphasizing the importance of mentorship, self-confidence, and resilience, the presentation aims to motivate and empower young women to pursue leadership opportunities and make meaningful contributions across diverse fields. Additionally, the session will include instruction and practice of mindfulness techniques aimed at reducing stress and enhancing resilience, as well as promoting overall health and well-being.

## **(E3) The Woman's Political World: Women Running for Office**

*BR 212*

**Presenter: Cenell Boch Ph.D.**, *President & Founder, C&C Wellness, Inc., Owner, Wellness with Cenell LLC*  
**Amista Lipot MA '21**, *Director, External Relations and Strategic Partnerships and Executive Director, Mayors' Partnership for Progress*

**Louise Valentine**, *Executive Director, LEAD Ohio*

Are you thinking about running for office? Join us for an informative session on women running for political office, where we'll explore the essential steps to candidacy and strategies for supporting aspiring female leaders. From understanding the nomination process to crafting a compelling campaign platform, this session will provide practical guidance for women interested in pursuing these leadership roles. Additionally, we'll discuss the importance of building a strong support network and leveraging resources to overcome challenges commonly faced by women in politics. Whether you're considering a run for office yourself or seeking ways to support women candidates, this session offers valuable insights and tools for empowering women in the political arena. This will be a casual conversation with the presenters about their experiences, their regrets, and their most proud moments.

## **(E4) Expanding Our Mindset – Creating Good Habits**

*BR 211*

**Presenter: Cynthia Boles, CMA**, *Program Director for Medical Assisting Technology, Ohio University*

**Namara L. Dafney, M.A., WABC**, *Executive Coach, Independent Business Consultant*

This workshop will focus on the power of creating good habits and the profound personal and professional benefits they bring. In this session, we'll explore the strong connection between habits and mindsets, delving into how our habits shape our thoughts, behaviors, and ultimately, our outcomes. Discover practical strategies for cultivating positive habits that support your goals and aspirations, whether in your personal life or professional endeavors. From improving productivity and focus to enhancing overall well-being, we'll uncover the transformative impact of habit formation. Don't miss this opportunity to unlock the keys to success and create lasting positive change in your life.

## **(E5) Change Your Thoughts, Change Your Life**

*Bistro*

**President: Rosanna Howard, BBA '02, MBA '06, Director of Operations and Budget for Regional Higher Education**

**Trisha Farrar, Transformational Coach & Corporate Trainer, Inner Wisdom Wellness**

**Christy Shriner, Certified Jay Shetty Mindset Coach, Inner Wisdom Wellness**

Unlock the transformative potential of your thoughts as we explore the profound impact that shifting your mindset can have on both personal and professional success and satisfaction. In this session, we'll delve into the powerful connection between your thoughts, beliefs, and outcomes, and how reframing your perspective can lead to positive change in all aspects of your life. From enhancing performance and productivity to fostering healthier relationships and greater fulfillment, you'll learn how changing your thoughts can open new possibilities and propel you toward your goals. Don't miss this opportunity to harness the power of your mind and unleash your full potential for success and satisfaction.

## **(E6) The Rivet Society - Organizing and Empowering Women**

*BR 402*

**President: Cathleen Battiste Presutti, Ph.D., Associate Professor of Instruction, Ohio University Lancaster**

**Angela Krile, BSJ '97, President & CEO, Krile Communications**

**Amy Eyman, BSHEC '88, Executive Director, Fairfield County Foundation**

**Deb Connell, Executive Director, Lancaster Festival, Inc.**

**Carrie Woody, AA '21, BSC '22, Service Safety Director, City of Lancaster**

**Christine Simmons, BSED '97, Chief Executive Officer, United Way of Fairfield County**

Discover the story behind the creation of The Rivet Society as presenters explain the origins of this network of women and share the vision that inspired its formation. During this session, speakers will share the journey of how The Rivet Society came to be from a conversation over lunch to a thriving organization making a positive impact - discussing the driving forces, challenges, and triumphs along the way. From the initial idea to the collaborative efforts that brought it to life, you'll gain insights into the passion and purpose behind this empowering community. Whether you're curious about the backstory or seeking inspiration for your own community-building endeavors, this presentation offers a fascinating glimpse into the genesis of The Rivet Society.

**Congratulations to the 2024 Student  
Leadership Award and the Jane Johnsen  
Vision for Women Award recipients!**

## **(E7) Own Your Story: Writing and Publishing as a Creative Mindset**

*BR 417*

**President: Judy Carey Nevin, MLS, Manager of Library Sciences, Hannah V McCauley Library, Ohio University Lancaster**

**Theresa Garee, Author, Director, Write Now Columbus!**

**SRD (Sylvia) Harris, Author, Publisher/Founder, S.R.D. Harris Books, LLC**

Join us for an enriching panel discussion where authors will showcase their books. Garee will present "Dear Daughter," a book she developed based on her journey through the Celebrate Recovery 12-step program. She'll share how her recovery from childhood experiences inspired her to write the book, encouraging women to live courageously while also embracing moments of pause and reflection. Harris will take us through her journey to becoming an internationally published author of 10 books. She'll outline the essential steps needed to find your creative voice, drawing from her own experiences of being featured in children's books as a child. Through her story, Harris will inspire others to overcome challenges, believe in themselves, and share their unique gifts with the world. If you've ever dreamt of writing and publishing your own book, don't miss this opportunity to learn from these authors and create a blueprint for your path to publishing success.

## **(E8) Creative Hour: Crafts with Susan Shea**

*BR 444 (Upper Level Library)*

**Susan Shea, Create-A-Craft**

Take time in the afternoon to relax by joining Susan Shea for this stress-reducing crafting session to create and complete special OHIO University or OSU folded fan art for your office or home. All materials are covered in the \$10 on site fee.



# **CELEBRATING WOMEN IN HEALTHCARE**

For more information email  
[\*\*lancaster-nursing@ohio.edu\*\*](mailto:lancaster-nursing@ohio.edu)

## 3:20 p.m. – 4:00 p.m. (F) Featured Speaker

Wagner Theater

### (F1) Where I Come From It's Pronounced App-A-Lach-A

Presenter: **Scott Titsworth, Ph.D.**, *Dean, Scripps College of Communication*



**Kari Gunter Seymour, BFA '94,  
M.A. '16, Ohio Poet Laureate,  
Founder/Executive Director,  
Women of Appalachia Project**

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Many people are unaware that Ohio encompasses 32 Appalachian counties nestled within the western foothills of the Appalachian Mountains and the Appalachian Plateau, characterized by rough, irregular hills and hollows, formed by the terminal (edge) of a glacier thousands of years ago. Generations of extraction—iron, timber, Big Coal, and Big Pharma have resulted in a skewed view of the region along with a thick layer of preconceived prejudices. Women from Appalachia keenly understand the concept of being considered “less than,” having been looked down upon for generations. We have learned by experience that, as women, we must work together to achieve our goals if we are to survive and thrive. Many of us come from ancestries full of remarkable women who worked the fields, then the factories or retail (some still do) children on their hip or strapped to their back. From this we draw our strength, endurance, and determination to stand proud of who we are, where we come from and work to pay it forward to our own and future generations.

## 4:00 p.m. – 4:30 p.m. Networking Reception and Door Prizes

Wilkes Art Gallery

Enjoy some late afternoon treats and an opportunity to network with others. Meet NASA Flight Director Allison Bolinger and other speakers.

Be sure to enter your Passport to Prizes form for an opportunity to win one of the fabulous door prizes.

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### INSTAGRAM USERS:

Comment about today's conference using **@ohioulancaster** and hashtag **#CW2024**

## Celebrate Women Steering Committee

**Cathleen Battiste-Presutti, Ph.D.**, Associate Professor of Instruction, Mathematics, Ohio University Lancaster

**Cenell Boch, Ph.D.**, President & Founder, C&C Wellness, Inc., Owner Wellness with Cenell LLC

**Sarah Bogdewiecz, PhD**, Director of Student Services, Ohio University Lancaster

**Judy Carey Nevin, MLS**, Manager of Library Services, Hannah V. McCauley Library, Ohio University Lancaster

**Jaime Cox, M.Ed., BSC '17**, Success Advisor, Ohio University Lancaster

**Shiela Daniels, BGS '90**, Coordinator of School of Nursing Operations, Ohio University Lancaster

**Pamela Kaylor, PhD '02, COM '02**, Professor of Instruction, Ohio University Lancaster

**Amber Landis, AAB '89**, Administrative Specialist, Ohio University Lancaster

**Rebecca Petty, BS Computer Science '96, M.Ed. Computer Education and Technology '06**, IT Manager of Application Support and Academic Technology, RHE

**Kreig Prior, MBA**, Interim Senior Director of Regional Campus Marketing and Partner Outreach, Coordinator of Campus Communications and External Relations, RHE

**Angela Richcreek, MBA '21**, Accounting and HR Manager, Ohio University Lancaster, Eastern, Zanesville

**Brooklyn Stallworth, BSS '23**, Assistant Director, Alumni Relations & Campus Partnerships

**Candice Thomas-Maddox, Ed.D.**, Professor, Communication Studies

## Congratulations to the 2024 Student Leadership Award Recipients!

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**Sarah Mullins (Lancaster Campus)**

**Alyssa Manning (Athens Campus)**

**Skye Holtel (Lancaster Campus)**

**Sarah Jackson (Lancaster Campus)**

**Aanya Datta (Athens Campus)**





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